



RAM FOOTBALL

Defensive Skills Training

Focusing on Linebacker and Defensive Back

Techniques and Tackling Fundamentals

(THIS IS A NON CONTACT CAMP, NO PADS NEEDED!)

GRADES: 5TH, 6TH, 7TH, AND 8TH FOR THE 2010-2011 SCHOOL YEAR

**DATES: JULY 8(THURS.), JULY 9(FRI.), JULY 12(MON.),
JULY 13(TUES.), JULY 15(THURS.), JULY 16 (FRI.)
JULY 19(MON.), JULY 20(TUES.)**

**CAMP TIMES: 11:30am – 12:30pm
Immediately after RCC**

Cost \$100

This camp will be conducted on the campus of Owasso High School at the High School Football Stadium.

Camp Coaches:

Coach Eric Nantois- Defensive Coordinator\Linebackers

Coach Jeremy Gray- Secondary Coach

Coach Randy Robinson- Special Teams Coordinator\Corners

Camp Objectives: Teach the basic fundamentals and techniques required to play defensive back or linebacker. We also will spend time working on the basic fundamentals of tackling.

Upon completion of the camp, participants will receive a **Camp T-Shirt**

For further information call:
Ram Football Office
272-8859

Email: Eric.Nantois@owasso.k12.ok.us

Mail all registrations to:
Owasso Rams Summer Camps
Box 628
Owasso, Oklahoma 74055

Checks Payable to:
Eric Nantois

This Camp will need 30 participants to make.

RAM FOOTBALL

Please fill out the following information as completely as possible.

NAME: _____

PARENT: _____

ADDRESS: _____

GRADE: (2010-2011) **5** **6** **7** **8**

CONTACT INFORMATION

PHONE: _____

EMAIL: _____

EMERGENCY

CONTACT: _____

PHONE: _____

T-SHIRT SIZE

Adult Sizes Only
(circle one)

S M L XL XXL

Mail Pre-Registration to:
Owasso Rams Summer Camps, LLC
Box 628
Owasso, OK 74055

You may register the day of camp.

MAKE CHECKS PAYABLE TO:

Eric Nantois



We are . . . RAMS!